



Heartsaver® First Aid CPR AED Course Options | American Heart Association CPR & First Aid

Heartsaver® First Aid CPR AED Course Options

Heartsaver First Aid CPR AED is available in two different training methods – blended learning and classroom training. All Heartsaver First Aid CPR AED course options teach the same AHA science-based skills and result in the same AHA Course Completion Card.

Purchase Course Materials

Is AHA Heartsaver First Aid CPR AED the right course for me?

Heartsaver First Aid CPR AED is geared towards anyone with little or no medical training who needs a course completion card for their job, regulatory (e.g., OSHA), or other requirements or anyone who wants to be prepared for an emergency in any setting. Upon successful completion of the course, students receive a course completion card, valid for two years. Please contact your employer to ensure that you are selecting the correct course.

The AHA's Heartsaver First Aid CPR AED course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

Who should take this course?

The AHA's Heartsaver First Aid CPR AED Course is designed for anyone with little or no medical training who needs a course completion card for their job, regulatory (e.g., OSHA), or other requirements, or anyone who wants to be prepared for an emergency in any setting.

Heartsaver First Aid CPR AED Course Options

What does this course teach?

- First aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies
- Preventing illness and injury
- Adult CPR and AED use
- Opioid-associated life-threatening emergencies
- Optional modules in Child CPR AED and Infant CPR



Blended Learning (<u>online portion</u>, followed by <u>hands-on skills session</u>)

<u>Heartsaver First Aid CPR AED Online</u> is the eLearning portion of the Heartsaver First Aid CPR AED Blended Learning Course and is designed to teach students information needed for first aid, CPR, and AED training.

Upon completion of the online portion, students must complete hands-on skills session with an AHA BLS or Heartsaver Instructor.

Complete the <u>online portion</u> + <u>hands-on</u> <u>skills session</u> with an AHA Instructor

Online course run times range from 1 ¼ hours to 3 hours, and the hands-on skills session can be completed in 2 ¼ hours.*

*Individual learner times will vary; run times will vary based on course path and/or optional topics selected. Breaks not included in skills session timing. Heartsaver First Aid CPR AED Course Completion Card, valid for two years

Includes audio and transcript for any students who may have a hearing or visual disability.

<u>Available</u>

Heartsaver Blended Learning FAQ

- Video-based course ensures consistency
- Instructor-led, hands-on class format reinforces skills proficiency
- Course is updated with the new science from the 2020 AHA Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care







